SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

NURSING CONCEPTS COURSE TITLE: NUR 100-1 RNA 101-1 SEMESTER: CODE NO.: NURSING AND NURSING ASSISTANT PROGRAM: GWEN IBURG **AUTHOR:** SEPTEMBER 1993 SEPT/92 _PREVIOUS OUTLINE DATED: ___ DATE: Χ New: Revision:

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NUR 100-1 **RNA** 101-1

COURSE NAME

CODE NO.

TOTAL CREDIT HOURS: 17

PREREQUISITE(S): none

COREQUISITE(S): none

I. PHILOSOPHY/GOALS:

This course enables the student to review the evolution of the nursing profession in Canada. The student will be introduced to the beliefs which form the basis of Nursing Practice. The student will examine the role of the Registered Nurse and Registered Nursing Assistant. Students will commence an exploration of the Health Care System in which the Registered Nurse and Registered Nursing Assistant function.

II. STUDENT PERFORMANCE OBJECTIVES t

Upon successful completion of this course the student will:

- 1. Identify key events in the history of Canadian nursing.
- 2. Describe the beliefs which form the basis of nursing practice.
- 3. Determine the significance of values to a health care professional.
- 4. Discuss the roles and responsibilities of the Registered Nurse and the Registered Nursing Assistant.
- 5. Recognize nursing organizations which promote the profession of nursing.
- 6. Identify the major elements of the Canadian health care system affecting nursing practice.

III. TOPICS TO BE COVERED:

- 1. The Meaning of "Nurse" and "Nursing"
- 2. The Relationship of Values to Nursing
- 3. The Meaning of Professionalism
- 4. Historical Development of Nursing in Canada
- 5. Roles and Relationships of the Registered Nurse and the Registered Nursing Assistant
- 6. The Nursing Team
- 7. The Health Care Delivery System

LEARNING ACTIVITIES/OBJECTIVES

REQUIRED RESOURCES

Ch. 1, pp. 2-5

Examine the Meaning of "Nurse" and "Nursing"

Upon successful completion of this unit the student will:

- 1.1 Share from past experience(s)
 and thoughts, own definition
 of a "Nurse", "Nursing
 Assistant" and "nursing".
- 1.2 Describe various public images of the "Nurse", "Nursing Assistant" and "nursing".
- 1.3 Examine beliefs which are
 commonly held about nursing
 as found in:
 - a) The School of Health Sciences' philosophy
 - b) The College of Nurses of Ontario's philosophy
- 1.4 Examine the following values and attitudes which are crucial to nursing:
 - a) caring
 - b) helping and serving
 - c) respecting the client(s)
 - i) dignity
 - ii) privacy/confidentiality
 - iii) autonomy
 - iv) individuality

Kozier, B. and Erb, G.,

Fundamentals of Nursing,

Nursing Students: refer to Roy's Adaptation Model Workbook

Nursing Assistant Students: refer to Nursing Assistant Programme notes, Section A

College of Nurses of Ontario, <u>Standards of</u> Nursing Practice, pp. 8-10

Kozier, B. and Erb, G., Fundamentals of Nursing, pp. 71-73

- 1.5 Examine the following definitions Kozier, B. and Erb, G., of nursing by nursing leaders: Fundamentals of Nursing,
 - a) Florence Nightingale
 - b) Virginia Henderson
 - c) Dorothea Orem
 - d) Sister Callista Roy
- 1.6 Identify the significance of defining nursing.
- 1.7 Examine some of the difficulties in defining nursing.

Kozier, B. and Erb, G., <u>Fundamentals of Nursing</u>, pp. 3-4 (hereafter referred to as Fundamentals of Nursing)

IV_ LEARNING ACTIVITIES/OBJECTIVES (continued)

REQUIRED RESOURCES

UNIT

Examine How the Concept of Values 2.0 Relate to Nursing

Fundamentals of Nursing, pp. 124-132

Upon successful completion of this unit, the student will:

- 2.1 Define values.
- 2.2 Describe six methods of learning values.
- 2.3 Share own method of learning values.
- 2.4 Describe Rath's seven steps of valuing.
- 2.5 Share own development, in Rath's steps for a selected value.
- 2.6 Explore own values which mayinfluence nursing practice.

UNIT

Explore the Meaning of Professionalism 3.0

> Upon successful completion of this unit, the student will:

- 3.1 Compare the following terms: Any English Dictionary

- a) vocation
- b) occupation
- c) profession
- 3.2 Describe nursing as an evolving profession.
- 3.3 Examine the following authors' views about nursing as a profession:
 - a) Styles (1983)
 - b) Miller (1985)
 - c) Moore and Rosenblum (1970, 1977)
 - d) Flaherty (1979)

Fundamentals of Nursing,

pp. 3

Fundamentals of Nursing, pp. 6-9

IV. <u>LEARNING ACTIVITIES/OBJECTIVES</u> (continued)

- 3.4 Identify the role of the
 following nursing organizations:
 - a) Canadian Nurses' Association (CNA)
 - b) Canadian Association of Practical Nurses (CAPNA)
 - c) College of Nurses of Ontario (CNO)
 - d) Registered Nurses' Association
 of Ontario (RNAO)
 - e) Ontario Association of Registered Nursing Assistants (OARNA)
 - f) Ontario Nurses' Association (ONA)
- 3.5 Examine the responsibilities of
 being a member in the nursing
 associations listed above,
 (student membership, graduate
 membership)

REQUIRED RESOURCES

Set of brochures res nursing Organization on reserve in Library)

Fundamentals of Nursing, pp. 16-18

CNO Video: A Tradition of Excellence - to be viewed during learning resource hour

CNO Reprint, "What is the College" (on reserve in Library)

UNIT

4.0 Explore the Historical Development of Nursing in Canada

Upon completion of this unit, the student will:

- 4.1 Identify the significance of the following to the development of nursing in Canada and Ontario, in particular.
 - a) development of hospitals
 - b) development of the categories of nurse and nursing assistant
 - c) education programs for nurses and nursing assistants
 - d) wars
 - e) economics
 - f) politics

Kerr and MacPhail,
Canadian Nursing: Issues
and Perspectives, 1st or
2nd ed., pp. 3-23
(on reserve in Library)

Fundamentals of Nursing, pp. 5-6 pp. 1404 - Appendix A

Brochure entitled:
The RNA and OARNA: Together
We Grew, and Together We
Remain Strong, pp. 1-4
(on reserve in Library)

LEARNING ACTIVITIES/OBJECTIVES (continued)

REQUIRED RESOURCES

4.2 State the purpose of Nurse Practice Acts

<u>Fundamentals</u> of <u>Nursing</u>, pp. 11

- 4.3 Discuss the significance of the following legislation in achieving self-regulation for nurses in Ontario.
 - a) Nurses Registration Act, 1951
 - b) Nurses Act, 1961-1962
 - c) establishing the College of Nurses of Ontario, 1962
 - d) Health Disciplines Act, 1974 R.S.O. 1988
 - e) Regulated Health Professions Act, 1991

Ford, Ann, A <u>History of</u>
the College of Nurses of
Ontario, pp. 10-15, 19-21
(on reserve in Library)

Regulated Health Professions
Act, 1991 (on reserve in library)

Describe the Roles and Relationships of the Registered Nurse and the Registered Nursing Assistant.

Fundamentals of Nursing, pp. 11, 28-33

- 5.1 Discuss the role of the Registered Nurse and the Registered Nursing Assistant as specified by the College of Nurses of Ontario, revised 1990
- The Standards of Nursing Practice for Registered Nurses and Registered Nursing Assistants, 1990 pp. 5-11, 14-43
- 5.2 Explain the definition of "minimum standard of practice", as currently defined by the College of Nurses of Ontario.
- C.N.O. Video, \underline{For} the Years Ahead
- 0.A.R.N.A. Video: The Care Connection
- 5.3 State and explain each Standard of Nursing Practice for Registered Nurses and Registered Nursing Assistants in own words.
- 5.4 Define the terms Sanctioned Medical Acts and Added Nursing Skills.
- C.N.O., <u>Guidelines for</u>
 Decision-Making <u>About</u>
 Added Nursing Skills and
 <u>Sanctioned Medical Acts</u>,
 1990, pp. 9-23, 27-41.
- 5.5 Discuss the reciprocal role and responsibilities of the Registered Nurse and the Registered Nursing Assistant as currently described by the College of Nurses of Ontario.
- 5.6 Discuss some of the difficulties in defining the levels of nursing practice.
 - a) RNA
 - b) RN
 - c) BScN

IV. <u>LEARNING ACTIVITIES/OBJECTIVES</u> (continued)

REQUIRED RESOURCES

UNIT

6.0 Examine the Concepts Involved with Team Work in Providing Health Services

Upon successful completion of this unit, the student will:

Fundamentals of Nursing, pp. 13-15

- 6.1 Identify members of the nursing team.
- 6.2 Identify key characteristics required of the nurse to be a team member.
- 6.3 Give examples of nursing actions <u>Fundamentals of Nursing</u>, for the RNA and RN to illustrate: pp. 224-225, 227-228
 - a) independent nursing actions
 - b) dependent nursing actions
 - c) collaborative actions
- 6.4 Identify the responsibilities
 of:
 - a) RN to the RNA
 - b) RNA to the RN
 - c) RN and RNA to other nursing team members
- 6.5 Describe methods of nursing
 care delivery:

Fundamentals of Nursing, pp. 10-11

- a) primary nursing
- b) modular nursing
- c) team nursing
- d) functional nursing
- e) total patient care/case method
- 6.6 Identify various members of the health care team.

Fundamentals of Nursing, pp. 111-113

- 6.7 Discuss the educational preparation needed and main role of selected members on the health care team.
- 6.8 Describe ways to promote good working relationships among members of the health care team.

LEARNING ACTIVITIES/OBJECTIVES (continued)

- REQUIRED RESOURCES
- 6.9 Describe settings where the nursing team and health care team work:
- Fundamentals of Nursing, pp. 10, 108-111
- i) acute care setting
- ii) long term care setting
- iii) critical care areas
 - iv) rehabilitation units
 - v) Health Maintenance
 Organization (eg: Group
 Health Centre)
- vi) Hospices
- vii) Home Care (government & private agencies)
- viii) Specialty Units
 (eg: Dialysis, Paediatrics
 Maternity)
 - ix) Public Health Units
 (eq: Algoma Health Unit)
 - x) Nursing Homes
- 6.10 Identify the educational background and/or essential knowledge needed to work in selected work settings.

Fundamentals of Nursing,
pp. 13-16

- 6.11 Examine organizational charts
 for selected health care
 settings (eg: nursing home,
 hospital)
- Hospital or Nursing Home Organizational Chart (available from assigned institution)
- 6.12 Discuss the need for nurses to be familiar with the organizational chart where **they** work.

IV. <u>LEARNING ACTIVITIES/OBJECTIVES</u> (continued)

REQUIRED RESOURCES

UNIT

- 7.0 <u>Identify the structure and function</u> of the Canadian Health Care System.
 - 7.1 Describe why RN's and RNA's need to understand the health care system.
 - 7.2 Define the 5 principles upon which the Canadian Health Care System is based.
 - i) comprehensiveness
 - ii) accessibility
 - iii) universality
 - iv) portability
 - v) public administration
 - 7.3 Identify the major elements of the health care system.
 - a) Identify the <u>users</u> of the system.
 - b) Identify <u>resources</u> necessary to keep the system maintained and working.
 - i) manpower
 - ii) buildings
 - iii) equipment
 - iv) supplies and material
 - v) adequate financing
 - c) Identify the following providers of the Canadian Health Care System.
 - i) Federal Government
 - Dept. of National Health & Welfare
 - transfer payments
 - ii) Provincial Government
 - Ministry of Health
 - iii) Municipal Government
 - shared funding of local health units

Canada Health Act, 1984 (in reference section of Library)

Health and Welfare Canada, Annual Report, 1990-91,

Ontario Ministry of Health, Annual Report, 1990-91, (reports on reserve in Library)

IV. LEARNING ACTIVITIES

REQUIRED RESOURCES

(continued)

- 7.4 Discuss how the average citizen funds the health care system.
- 7.5 Identify the cost of some everyday supply items and some specialized equipment.
- 7.6 Discuss the need for nurses and nursing assistants to know and be aware of costs within the health care system.

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V. EVALUATION METHODS; (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

A combination of independent study, group work and class discussion will be the teaching methods used to complete the course objectives. Some class content may be scheduled during the students Learning Resource hour.

Tests and assignments will be used to evaluate student achievement of the course objectives. More details about both the instructional and evaluation methods used in this course wil be provided and discussed in the first two weeks of class.

VI. REQUIRED STUDENT RESOURCES;

Textbooks:

1. Kozier, B., Erb, G., and Olivieri, R., <u>Fundamentals of Nursing: Concepts</u>, <u>Process and Practice</u>, <u>Addison-Wesley Publishing Company</u>, <u>Don Mills</u>, <u>Ontario</u>, 1991

College of **Nurses** of Ontario **publications**, (to be purchased from Campus Shop)

- 1 The Standards of Nursing Practice for Registered Nurses and Registered Nursing Assistants, 1990
- 2. <u>Guidelines for Decision-Making About Added Nursing Skills</u> and Sanctioned Medical Acts, 1990.
- 3. Nursing Documentation, 1991.

"On Reserve" in the Library:

- 4. Regulated Health Professions Act, 1991.
- 5. What is the College, 1990.
- VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION: (title, publisher, edition, date, library call number if applicable)
 - 1. Racklis, M. and Kushner, C, <u>Second Opinion</u>: <u>What's Wrong</u>
 <u>With Canada's Health Care System</u> <u>and How to Fix It</u>, Collins,
 Toronto, 1989 (RA 395 C.3 R32)
 - 2. Flynn, J. and Heffron, P., Nursing: From Concept to Practice,
 2nd edition, Appleton & Lange, Norwalk, Connecticut, 1988
 (RT41.N883)

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"On Reserve" Section:

- 1. Baumgart, A.J., and Larsen, J., <u>Canadian Nursing Faces the</u> Future, C.V. Mosby, Toronto, Ontario, 1992
- 2. Ford, A., A <u>History</u> of <u>the College of Nurses of Ontario</u>, A Commemorative Booklet, College of Nurses of Ontario, Toronto, 1988
- 3. Kalisch, P.A. and Kalisch, B.J., <u>The Changing Image of the Nurse</u>, Addison-Wesley Publishing Company, Don Mills, 1987
- 4. Kerr, J. and MacPhail, J., <u>Canadian Nursingt Issues and Perspectives</u>, 2nd edition, C.V. Mosby Company, Scarborough, Ontario, 1991
- 5. Storch, J., <u>Patients Rights; Ethical and Legal Issues in Health Care and Nursing</u>, McGraw-Hill Publishing Company, Toronto, 1982

Periodical Section:

The following publications are identified for your interest.

Newsletters:

- 1. College Communique, College of Nurses of Ontario Newsletter
- 2. The RNAO News
- 3. OARNA Newsletter
- 4. ONA Newsletter

Magazines:

- 1. The Registered Nurse
- 2. The Canadian Nurse

Audiovisual Section:

The following videos may be viewed in class.

- 1. Canadian Nurses Association (CNA) Video
 - i) Serving a Dynamic Profession
- 2. College of Nurses of Ontario (CNO)
 - i) A Tradition of Excellence
 - ii) For the Years Ahead
- 3. Ontario Association of Registered Nursing Assistants (OARNA)
 - i) The Care Connection

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VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION CONTINUED; (title, publisher, edition, date, library call number if applicable)

CD-ROM Collection;

- 1. Nursing and the Allied Health (CINAHL)
 - i) CD available from Librarian, Sault College Library

VIII. SPECIAL NOTES

Students with special needs (eg: physical limitations, visual and/or hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the teacher.

Your teacher reserves the right to modify the course as he/she deems necessary to meet the needs of students.